

QUICK START GUIDE

The Quantum Transformation Course is packed with Easy to Use, Powerful Manifestation Tools to Attract all of the Health, Wealth, Love and Happiness You Desire and Deserve, In Just Minutes a Day!

Getting Started, it's as easy as 1-2-3!

Step 1 - Read the Course Guide | Listen to John's Orientation Audio

Read through the entire Course Guide to get an overview of what's in the course and how it all works together. It explains exactly what to do and in what order. Then listen to John's Orientation audio. (There is also bonus video in the online member area)

Step 2 - Choose a Manifesto to read first.

We suggest reading the Manifestos while listening to the Super-learning CD (use earbuds if using Brainwave Entrainment Technology Track). Listen to the audio versions of the Manifestos when you are driving, working out, or whenever is convenient. The information needs to be programmed into your subconscious mind repeatedly.

Step 3 - Using the Progress Tracker (in the back of the Course Guide), choose an area of life to focus on first. Begin watching the Affirm-A-Vision and listening to the Accelerator that corresponds to that area.

You may focus on a couple of areas at a time but repetition of the same message is the key to changing your brain, and changing your life. Be aware of your habitually negative self-talk so you do not counter-act the effects. When you find yourself complaining, worrying, having limiting beliefs, immediately erase that thought and replace it with one that is more in alignment with what you want in your life.

****Special Note:** If you accepted our **\$7 offer** for the month of **Live Coaching** we are very excited to meet you on these sessions. (They are also available as recordings of you miss them live). These coaching sessions will dramatically help you accelerate your transformation experience. If you missed this opportunity when you signed up don't worry, e-mail us right away at: satori@satorimethod.com with the subject as: "Live Coaching Super Bonus" and we will honor this exclusive discount for you!